The 2025 PNC Bank Charleston Half Marathon & 5k

ATHLETE GUIDE

January 25th, 2025

Half | 7:00 AM 5k | 8:10 AM

Charleston, SC



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Rules & Regulations

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited.

Anyone racing with another runner's bib will be disqualified.

Can I register on race day?

No, registration will close one hour before the close of PPU the day before the race.

Is there a gear check this year?

Yes, there will be a gear check at the start line. Gear check will close at **6:45 AM sharp for ALL distances.**

Where and when is packet pickup?

RiverDogs Stadium at the Segra Club & Main Level Concourse | 360 Fishburne St. Charleston, SC 29403

Thursday, 1/23 | 4:00PM - 8:00PM Friday, 1/24 | 9:00AM - 7:00PM

Where do I get my race bib?

If you did not pay for bib mailing, you will need to attend packet pick-up.

Can someone else pick up my race packet for me?

Yes, someone else can pick up your packet. They will need a copy of your ID (a photo is sufficient).

Is there race day packet pick-up?

There is only race day packet pick-up for participants who purchased the VIP package.

Are strollers allowed on the course?

Strollers are not allowed on the course.

Are pets allowed on the course?

Pets are not allowed on the course.

s the race USATF certified?

Yes, both distances will be certified. We will provide the certification numbers when the becomes available.

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Yes, both distances will be certified. We will provide the certification numbers when the becomes available.

Is this race a Boston qualifier?

No, this race is not a Boston Qualifier.

What is the weather policy?

Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

What is the time limit?

The time limit for the **half marathon is 3 hours and 30 minutes**, which is a 16-minute per mile pace.

The time limit for the **5K is 50 minutes**, which is a 16-minute per mile pace.

- The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
- When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.

What will happen to clothes left at the start line or on the course?

- Start Line: Clothes that are left at the start line will be donated or discarded. Clothes will not be returned to you after the race.
- Course: Please discard any unwanted clothes during the race at aid stations. Clothes left at aid stations will be donated. Clothes will not be returned to you after the race.

Race Beneficiary: Engaging Creative Minds

The PNC Bank Charleston Half Marathon is proud to continue its longstanding support of Engaging Creative Minds!

Engaging Creative Minds (ECM) mission is to spark creativity and curiosity in all learners through innovative learning experiences.

ECM is an Arts Integration educational nonprofit based in Charleston, South Carolina. ECM works with school districts, principals, teachers and the local workforce to identify specific knowledge and skill sets all students should master before graduating high school. ECM hires and trains local artists, STEM (science, technology, engineering, mathematics) professionals and cultural organizations, called ECM Instructors, to work with grade level teams of teachers to support learning through the Arts.

Learn More! Be sure to stop by the ECM tent at Packet Pick-Up or the Post-Race Party to learn more about how ECM is positively contributing to education in the Lowcountry!

At packet pick-up, ECM will also have a sign making station, so while you're learning about all they do, make a sign for race day!

Donate! Free Parking at the Hagood Lot on race day will be courtesy of ECM! Extend your gratitude by <u>donating</u> to their incredible mission!



Accessibility Guide



Handicap Parking

- Packet Pickup: There is handicap parking available at the parking lot at RiverDogs stadium, which is where packet pick-up will be held.
- Race Day: If you need handicap parking on race day, please contact us at info@charlestonhalfmarathon.com.

Accessible Toilets

- Portable toilets, including a limited number of ADA toilets, will be available at the Start/Finish line.
- On the course, ADA Portable toilets will be available at the following hydration stations:
 - o 5k | Mile 2
 - o Half Marathon | Miles 3 & 11

Race Start Times

- Half-Marathon Wheelchair & Handcycles Start: 6:55 AM
- 5k Wheelchair & Handcycles Start:8:10 AM

Contact Us

 If you have a question about race weekend accessibility, please contact us at info@charlestonhalfmarathon.com

A Guide to Race Day Terms

RACE BIB



- Your race bib has a timing chip on the back of it which records your time from crossing the start line to crossing the finish line.
- Wear your bib on race day with the number facing out.
- Please do not bend the bib or remove the timing chip.



START/FINISH LINE CHUTE

- The start line chute is where runners line up before the start of the race.
- The finish line chute is where runners receive their medal, water, and sometimes post-race snacks after crossing the finish line.

START LINE CORRALS



- We will be dividing the start line chute into three corrals (groups) based on the pace per mile you designated when you registered.
 - More information about corrals can be found here.



HYDRATION STATION

- Hydration stations will be offered on the course.
- Runners can get water and/or a sports drink at the hydration station.
- Portable toilets are available at each hydration station.



COURSE MILE MARKERS

Mile markers are posted for each mile on the course. Please note that your GPS
device may not sync perfectly with the mile markers on the course.



GEAR CHECK

- Runners will have the opportunity to check a bag before the race and pick up after.
 Clear bags only- bags will be given out at packet pickup and on race morning.
 - Please refrain from placing valuables in gear check bag.

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Race Day Etiquette

It is our goal that every runner has an enjoyable, safe race experience! To support this goal, we ask that all participants follow the running etiquette below. Thank you for your cooperation!

START \$

When lining up at the start line, please be mindful of where you are lining up. Participants who plan to walk or do a walk-run combination should line up toward the back of the corral.



For the safety of all participants, faster runners should stay on the left of the course and walkers stay on the right.



If you're running as a group, please only run 2 abreast to ensure there is enough space for other runners.



If possible, pass on your left and alert the runner by saying, "On Your Left."



At a Hydration Station, try to keep moving while grabbing your hydration. If you need to stop, look behind you before stopping or move to the side.



To help keep the course clean, please dispose of your cup/trash in the dedicated waste cans near the hydration stations.



For your safety and the safety of others, please keep moving through the finish line.

New for 2025!

We believe in getting better year after year, so we've used the feedback participants shared with us in 2024 to make this year the best year yet!

Non-Disposable Cups!

We are proud to be partnering with <u>Hiccup</u>, a company committed to eliminating plastic waste from cups. All aid stations at the 2025 Charleston Half Marathon will utilize these cups.

Important: After grabbing a cup at the aid stations, please properly dispose of the cups in the designated bins so that they can be collected and washed/sanitized for the next use. The cups are NOT free to be taken.



Distance Specific Finish Lines

To create a smooth finish experience, each distance will have its own finish line!

Packet Pick-up on Thursday

For your convenience, we've added an extra day of packet pickup. Packet pickup will be BOTH Thursday (4-8 pm) and Friday (9am-7pm).

VIP Program

You've trained hard for your race - now sit back, relax, and let us provide an exclusive VIP race experience for you! You deserve this. The VIP experience will include an indoor space before the race, race morning packet pickup, a VIP space after the race, and more!

Post-Race Food & Beverages on the Field

This year, to reduce congestion in the concourse, we've moved the post-race party food and beverage stations to the field (weather permitting).

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Form

Details

Change Distance

Category

Friday, January 24th at 6:00 PM

Deadline

Click here to change your distance

1. You **must** fill out the online.

after Friday, December 13th you will need to attend PPU to receive a new bib.

Bib Mailing

Friday, December 13th. 2024 at noon ET

Bib mailing is closed!

Only bibs and safety pins will up your race swag at the postrace party.

Deferral Deadline

Wednesday, January 15th, 2025

Click here to defer your entry

You will be issued a race at registration excluding Marathon or another Capstone Race.

Please Note:

- · Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race. 07
- You are not allowed to transfer your bib to another runner.

Bib Mailing

Runners who elected to have their bib mailed to them should receive their bib by 1/23. Bibs and safety pins were mailed the week of 1/6.

If you do not receive your bib by Thursday, January 23rd, please come to packet pick-up and head straight to customer service inside the Segra Club to be assigned a new bib.

Runners with bib mailing, if you changed your distance **after** Friday, December 13th you will need to attend packet pick-up to receive the bib for the correct distance. Please head straight to customer service, so we can assist you!

Check out the chart below to see what you will receive in the mail and what you will pick up after the race!

If you plan to use bag drop on race morning, you can pick up a bag on race morning.



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C



Packet Pickup

When:



Thursday, January 23 | 4:00 PM - 8:00 PM Friday, January 24 | 9:00 - 7:00 PM

Where:



The RiverDogs Stadium (Riley Park)
360 Fishburne St. Charleston, SC 29403

Please note packet pickup will be held **inside and outside**, so please dress accordingly.

What You'll Receive:



Race Bib | Safety Pins | Gear Check Bag Participant Shirt | Finisher Gift

Parking:



- Limited free first come, first served parking at the RiverDogs stadium.
- 99 West Edge Parking Garage | Across the street from the stadium | Parking is \$1.00 per half hour

Packet Pickup Parking Map 360 Fishburne St Parki 2 Joseph P. Riley, Jr. Park Bricks & Minifigs Charleston LEGO® Store 3 SHOP @

- Packet Pick-up Location | RiverDogs Stadium
- 2 Limited Free Parking at RiverDogs Stadium
- **3** Paid Parking at 99 West Edge Parking Garage

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Packet Pickup FAQs

Can someone else pick up my bib for me?

Yes, someone else can pick up your bib for you. Please have them bring a copy of your ID to packet pick-up for verification purposes. A picture on their phone is sufficient.

If I am picking up bibs for multiple people, do I need to sign up for multiple reservation spots?

No, you only need to sign up for one slot if you are picking up bibs for multiple people.

Can I change my reservation time after I've already submitted the form to reserve my spot?

Please email our customer service team at info@charlestonhalfmarathon.com and we will change your time for you.

Will I be able to exchange my t-shirt size at packet pickup?

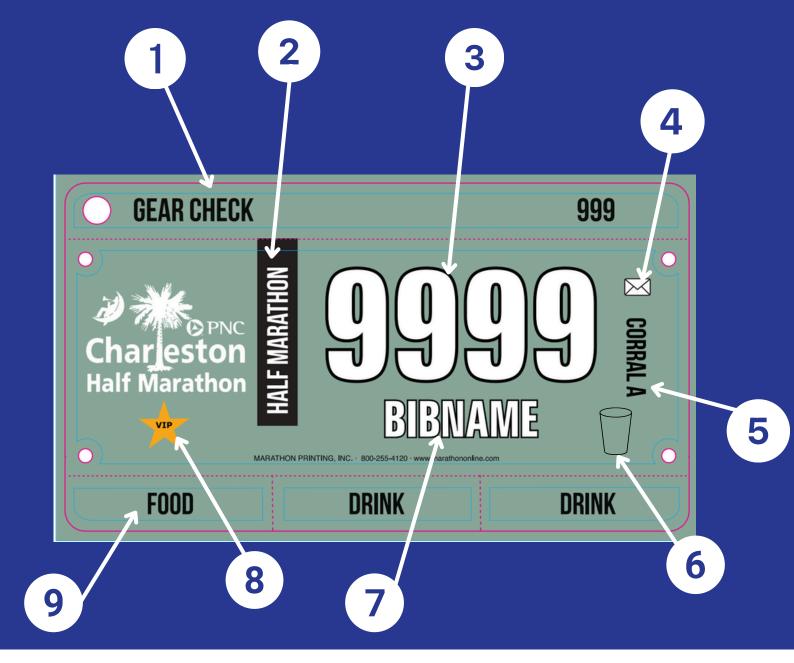
At packet pick-up, you will receive the size shirt you selected at registration which will be printed on the back of your bib.

If you would like to exchange your shirt size, you can do so AFTER the race based on the availability.

Will there be packet pickup on race morning?

Unless you have purchased the VIP packet, there will not be race morning packet pick-up. Please make plans to attend packet pick-up, or have someone attend on your behalf.

Race Bib Guide



- 1. Gear Check Tag: Tear off the tag from your bib and attach to your gear check tag.
- 2. Race Distance: The race distance you are registered for is listed here.
- 3. **Race Number:** The large number in the center of your bib is your unique race number and identifier. Use this number to look up your race results.
- 4. **Bib Mailing**: If you had your bib mailed, you will have an envelope icon on your bib. Please show the envelope when picking up your race swag.
- 5. **Corral Assignment**: This letter identifies your corral assignment (A, B & C). Corrals will only be used for the half marathon.
- 6. **Over/Under 21 Icon**: The cup icon or U21 icon indicate whether the participant is 21 and over. Participants will still need to show their ID to receive an alcoholic beverage.
- 7. **Personalization:** If you added bib personalization at registration, your personalized name/info will be listed here.
- 8. VIP Indicator: If you purchased the VIP package, your bib will have a gold VIP star on it.
- 9. Food Ticket: Redeem your food ticket at the post-race party.
- 10. **Bib Color:** Half marathon Green | 5k Light blue

Race Day Timeline

6:00 AM | Recommended Arrival Time

6:00 AM | Gear Check Opens at the Start Line

6:45 AM | Gear Check Closes at the Start Line

7:00 AM | Half-Marathon Start Time

6:55 AM | Wheelchair/Handcycle Start Time

8:10 | 5k Start Time

8:05 AM | Wheelchair/Handcycle Start Time

9:00 AM | 5k Course Closes

9:00 AM | Overall Awards Ready for Pickup

Awards will be picked up at customer service | Age Group awards will be mailed

10:30 AM | Half-Marathon Course Closes

10:30 AM | Youth Marathon at RiverDogs Stadium

11:30 AM | Post-Race Party Ends

Start & Finish Line Locations

- Start Line (both distances): Burke High School | <u>244 President St, Charleston, SC 29403</u>
- Half Marathon Finish Line: Fishburne St. | Outside of RiverDogs Stadium
- **5k Finish Line:** RiverDogs Stadium Lot | <u>360 Fishburne St</u>, <u>Charleston, SC 29403</u>

Start Times

Half Marathon: 7:00 AM

Wheelchair Division: 6:55 AM

5k: 8:10 AM

Wheelchair Division: 8:05 AM

Customer Service Location

Pre-Race: In front of Burke High School | 6:00 AM - 8:10 AM

Post-Race: Left side of the Stadium Concourse | 8:45 AM - 12:00 PM



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Portable Toilets

There will be portable toilets available at the start line on Race Day and at each aid station.

Medical Support

We will have medical professionals on-site throughout the race, including at the start/finish area.

Discarded Clothes

Start Line: Clothes that are left at the start line will be donated or discarded. Clothes left at the start line will **not** be returned to you after the race.

Course: Please discard any unwanted clothes during the race at aid stations. Let's all work together to keep the streets of Charleston clean! Clothes left at aid stations will be donated. Clothes left at aid stations will **not** be returned to you after the race.

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RACE DAY

Parking Information

All parking is on a first come, first served basis, so we recommend leaving sufficient time on race morning to allow time to park and walk to the start line. With over 5000 participants signed up to race, we ask that runners be prepared for traffic around the parking areas on race morning as everyone heads to the start line.

Half Marathon Runners: We recommend arriving no later than 6:00 am.

5k Runners: We recommend you arrive no later than 6:30 am to avoid road closures. We also strongly recommend 5k participants park in the Bee Street Garage!

Parking Location	Address	Cost	Parking Spots	Distance to Start /Finish
Hagood Lot	333 Fishburne St, Charleston, SC	Free parking compliments of Engaging Creative Minds, the race beneficiary!	1100	Start: 0.4 miles Finish: 0.1 Miles
99 West Edge Garage	99 West Edge, Charleston, SC	\$1.00 per half hour/\$18.00 daily max Card Preferred	500	Start: 0.5 miles Finish: 0.2 Miles
Bee Street Garage	<u>122 Bee St,</u> <u>Charleston, SC</u>	\$6.00/car Cash Preferred	800 Spots	Start: 0.6 Miles Finish: 0.7 Miles

Suggested Drop-off Locations

If possible, we encourage runners to carpool, use ride share options, or walk from their accommodation if staying withing walking distance. Please note a few recommended drop-off spots:

- The intersection of <u>President St. and Kennedy St.</u>
- The intersection of President St. and Bogard St.
- The intersection of <u>President St. and Nunan St.</u>



Please also note that gear check will close at 6:45 AM for all participants, so if you are planning to use gear check, you should arrive in time to park and walk to gear check located at the start line

VIP Program

Participants who signed up for the VIP program will receive:

- Indoor VIP space at the start line with restrooms, coffee and snacks
- VIP race day packet pickup
- VIP Indoor area
- VIP Gear Check at the start/finish (no long lines!)
- VIP Start Chute with entry into any corral
- VIP space at the finish line with heaters, tables, and chairs
- VIP bar and food station at the finish line
- A Charleston Half Marathon scarf

VIP Participants, please check your email during race week for more details on the VIP program.

Gear Check

We strongly encourage runners leave personal items at home/hotel or in their cars. However, runners may check a bag at the gear check area located in front of Burke High School adjacent to the half marathon and 5k start line.

Clear drawstring bags will be available at packet pick-up on Friday. If you opted for bib mailing, you can pick up your gear check bag at gear check on race morning.

Drop-Off (Before the Race)

- Adjacent to the Start Line | 6:00 AM 6:45 AM
 - Please attach the gear check tag from your bib to your bag before going to gear check on race morning.
 - Gear check will close at the start line <u>promptly at 6:45 AM</u> to transport the checked bags to the finish line before the roads are inaccessible due to the race.
- 5k participants, if you are planning to use gear check, you will need to drop your bag by 6:45 AM. We will not be able to accept any checked bags after 6:45 AM.

Pick-Up (After the Race)

- RiverDogs Stadium | 8:00 AM 12:00 PM
- Gear check will be located on the right side of the concourse upon entering.
- Please look for the Gear Check signs.

Start Line Corrals

- Half Marathon Participants will be divided into 3 corrals (A, B, C) based on the estimated pace selected at registration.
- Start Corral Guidelines
 - o Corral assignments will be printed on your race bib.
 - o Please have your bib fastened and visible before entering the chute.
 - Please line up in your correct corral assignment for ease and safety of all participants.

To improve safety, crowding, and the overall race experience, we ask that you follow these instructions when lining up in the starting chute.

Time Limits

The time limit for the half marathon is 3 hours and 30 minutes, which is a 16-minute mile pace. The time limit for the 5k is 0:50, which is a 16-minute mile pace.

The cutoff time is determined by our event permit, which permits us to use the roads, police support, and other city resources for a specified period of time. After the permitted period ends, the roads will reopen and we will no longer be able to provide participants with critical course support, including road closures, police and medical coverage, hydration stations, and course markings.

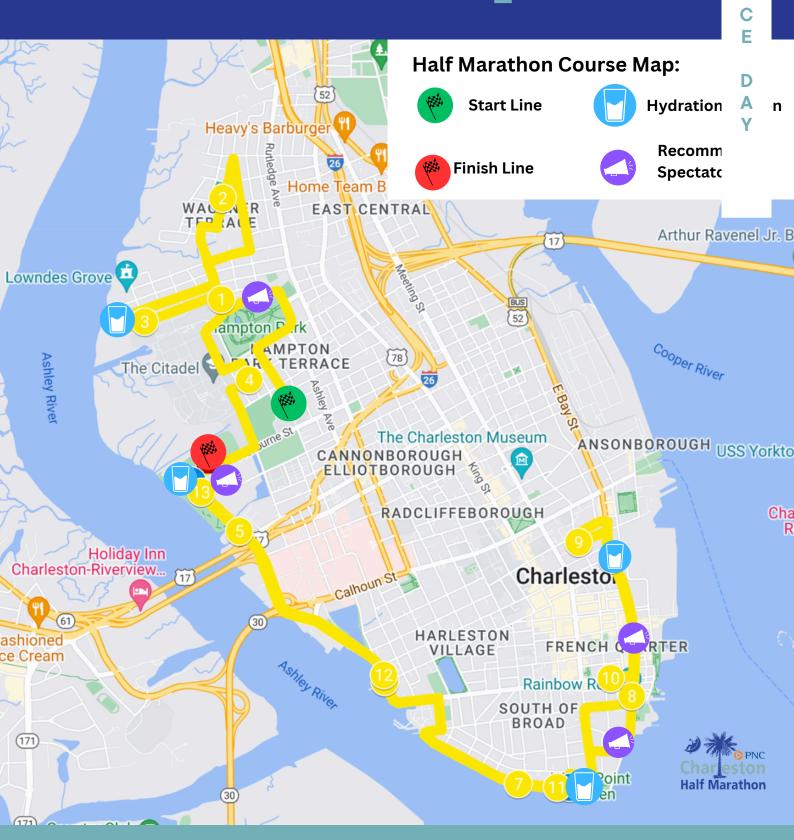
When the course closes at the cutoff time, any remaining participants must move off of the roads and onto a sidewalk. Anyone who decides to utilize the course route before or after the permitted time will not be considered an active participant and must follow pedestrinan laws. Participants who do not meet the cutoff time will not receive an official time.



Live Tracking

Live tracking will not be available, but there will be live splits available at mile 6 of the half marathon. The splits will be found on the results page.

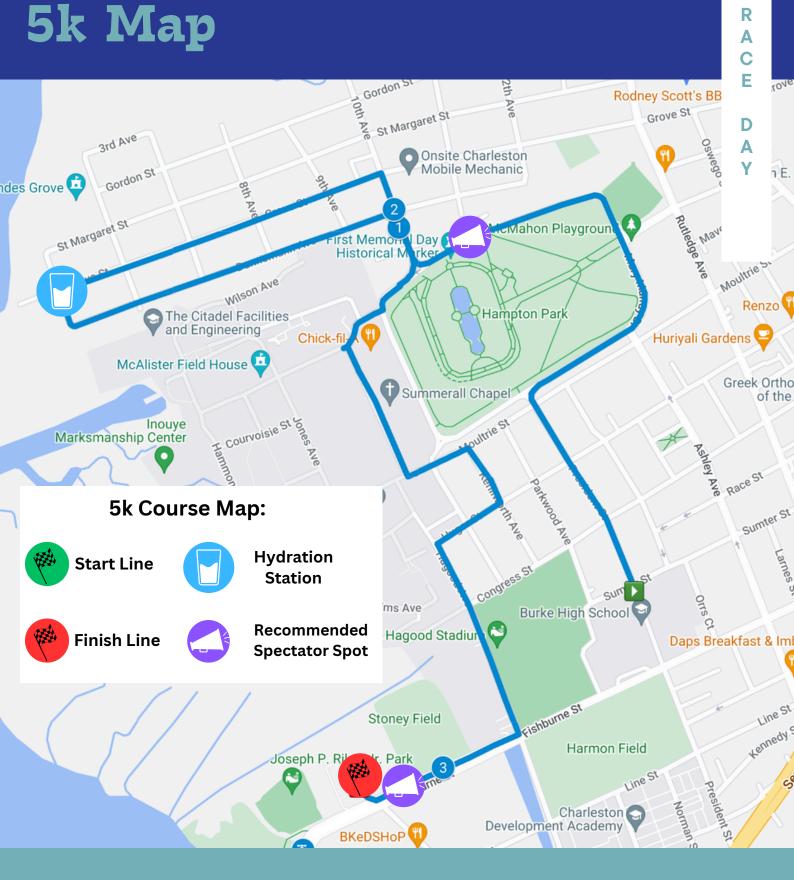
Half Marathon Map



Hydration Stations: Miles 3, 5, 7, 8, 9, 11

- Water and sports drink will be provided at each station.
- Gu will be available at the following stations: Miles 7 & 11
- There will be portable toilets available at each hydration station.

R



Hydration Stations: Mile 1.5

- Water and sports drink will be provided at each station.
- There will be portable toilets available at each hydration station.

Youth Marathon

Race Details: Participants will complete one family-friendly, untimed lap of the field at the RiverDogs stadium and finish by crossing home plate!

Strollers and pets are not allowed at the Youth Marathon. All registered participants will receive a medal and a finisher shirt!

Start Time: Saturday,

1/25 | 10:30 AM

Start Line Location: RiverDogs Stadium | 360 Fishburne St., Charleston 29403

Packet Pickup:

Youth Marathon participants can pick-up their bib and shirt during regular packet pick-up hours or on race morning:

- Thursday, 1/23 | 4 8
- Friday, 1/24 | 9am 7pm
- Saturday, 1/25 | 9:30 AM 10:15 AM at Customer Service

Important Parking Information

Road Closures: You will NOT be able to utilize Lockwood Drive on race day due to road closures. Please be sure to avoid Lockwood on race morning.

Parking: Our recommended parking locations are just a short walk to the RiverDogs Stadium. Please see the recommended lots below.

- **Hagood Lot:** 333 Fishburne St, Charleston, SC | Free Compliments of ECM, our race partner!
- 99 West Edge Garage: 99 West Edge, Charleston, SC | \$1.00 per half hour
- Bee Street Garage: 122 Bee St, Charleston, SC | \$6.00 per car

Youth Marathon

Post-Race Party:

Enjoy a family fun area with refreshments, activities and live entertainment. Be sure to check out the sponsor area and enjoy some classic stadium games on the field in our Kids Zone!

The Peyton Moore Spirit Award

The traveling trophy will be awarded to the school with the most Youth Run runners.

A purse of \$500 is distributed among the top three schools with the most school participation.

• 1st place: \$300

2nd place: \$200

3rd place: \$100

















t-Race Details

Post-Race Party

Out on the field, we will have sponsors, live music, and the Kids Zone, so be sure to enjoy classic stadium games after the race! Enjoy live music, food, and drinks as you recap your race with family and friends on the field! Be sure to stop by our sponsor tents and check out all the wonderful contributions ECM is making to community!

All half marathon and 5k runners will receive:

- 2 Beverage Tickets
 - Must be 21+ for alcohol Must show your ID.
- 1 Food Ticket Redeemable for breakfast burrito

Overall Awards

Overall Award Medals will be presented to the **top three male and female finishers** in the half-marathon and the 5k based based on **gun time**.

If you are unable to pick up your overall award at the ceremony, we will mail it to you approximately two weeks after the race. Award medals will only be shipped to address within the contiguous United States.

Please note the time may change based on when results are finalized.

Age Group Awards

Age Group Awards are based on **chip time** and will be awarded to the **top three male and females in each age group** for the **half marathon and 5k.**

Age Group Awards medals will be given to the **top male** and female finisher in each age group for the **5K**.

Age Group Awards will be **MAILED** approximately two weeks after the race. They will NOT be given out after the race.

Age Group	Categories:
19 & Under	45-49
20-24	50-54
25-29	55-59
30-34	60-64
35-39	65-69
40-44	70-74
	75+

Post-Race Details



Participant Swag

All half and 5k participants will receive a race shirt, finisher gift, and medal. **Bib** mailers will pick up their race shirt and finisher gift after the race at the Post-Race Party!

Please make sure to get all of your swag before your leave the event. We will not be able to mail any swag after the race.

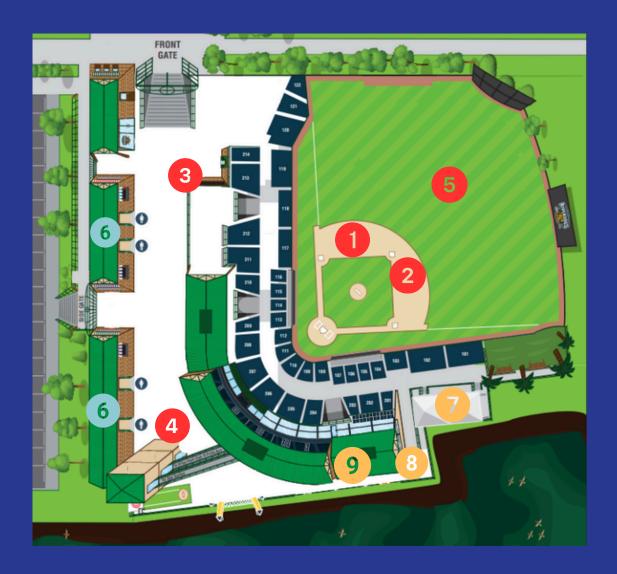
Participant Photos

Professional photographers will be along the course as well as the start/finish area to take pictures throughout the race. When they become available, a link to the race photos will be posted on our website. FinisherPix, the race photographer, will email a link to runners.

Results Correction

If your race results are inaccurate or missing, please complete the race corrections form that will be emailed to you after the race.

Post-Race Party Map



- **1** Food Distribution
- 2 Beverage Distribution
- **3** Customer Service
- 4 Gear Check Retrieval
- **5** Kid's Activities

- 6 Restrooms
- **7** VIP Heated Tent
- 8 VIP Food & Beverage
- 9 VIP Restrooms

Thank You to Our 2025 Sponsors!



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